

Save the Cat Beat Sheet — 100,000 Word Novel

Based on Jessica Brody's Save the Cat Writes a Novel method, scaled for a 100,000-word manuscript in a 9"×6" paperback format (~300 words per page).

Beat	% of Novel	Words (approx.)	Pages (approx.)	Page Range
Opening Image	1%	1,000	3	1–3
Theme Stated	5%	5,000	17	4–20
Set-Up	10%	10,000	33	21–53
Catalyst	1%	1,000	3	54–56
Debate	10%	10,000	33	57–89
Break into Two	1%	1,000	3	90–92
B Story	5%	5,000	17	93–109
Fun & Games	20%	20,000	67	110–176
Midpoint	1%	1,000	3	177–179
Bad Guys Close In	20%	20,000	67	180–246
All Is Lost	1%	1,000	3	247–249
Dark Night of the Soul	5%	5,000	17	250–266
Break into Three	1%	1,000	3	267–269
Finale	15%	15,000	50	270–319
Final Image	1%	1,000	3	320–322
Total	100%	100,000	333	1–333